



Post-Operative Information For Porcelain Veneers

We have placed bonded porcelain restorations on your teeth. These restorations are “state of the art” and are placed using the finest materials and techniques available in dentistry today. Dr. Azling takes extra care to ensure your veneers will provide you with many years of satisfying smiles. The following information will help you keep you veneers healthy and last as long as possible.

- **Post-Operatively:** Today you will have some soreness in the gum tissue and mild bleeding from the polishing procedure. Also, your teeth may be a little achy and cold sensitive for the first 48 hours. All of the above symptoms should disappear within one week. Take Tylenol or Advil as needed.
- **Chewing:** Your veneers are designed to function just like natural teeth. The types of things that can damage your natural teeth can damage your veneers (being hit in the mouth, accidentally biting on a fork, biting nails, chewing ice, etc.).
- **Floss normally except delay flossing around the new crown for 24-48 hours.** Because the cementation procedure causes minor gum irritation and bleeding, delay flossing around the veneers for 1-2 days. After this delay, it is important to resume your normal daily flossing regimen to ensure your gums heal completely around the new crown.
- **Clenching/Grinding:** Most people clench or grind their teeth to various degrees, either at night while sleeping or during a daytime activity like exercise. A protective mouthguard needs to be worn to protect your veneers.
- **Long-term maintenance:** Brush and floss just like you would your natural teeth (using a soft brush of course). There is no need to use “whitening” toothpastes since your veneers will not change color. The best type of floss to use is waxed dentotape (by Johnson & Johnson). Using “Easy Slide” or “Glide” floss will not clean nearly as well.
- **Mouth rinses:** Any ADA approved mouthrinse is acceptable..
- **Failure:** If any of your veneers develop a crack or a chip that is a result of the material failing, they will be replaced or repaired free of charge for 7 years. This is assuming that the damage has not occurred from trauma, that you have complied with wearing your mouthguard, and that you have had annual exams in our practice without lapse.
- **Questions:** If you have any questions or concerns, please call or email our office.

Our number is 562-865-0517 and our email is azlingdds@gmail.com.

Enjoy your smile!