



Post-Operative Instructions For Bonded Porcelain Onlays or Crowns

We have placed an all-porcelain “EMAX” crown on one or more of your teeth. This crown is not only esthetically beautiful but is also very durable.

Here are a few things to consider now that your permanent crown is in place.

- **Because this type of crown is “bonded”, you may chew on it today.** When a crown is bonded (using a special light that “cures” or hardens the adhesive) that crown is virtually one with the tooth and very secure. Conversely a traditional gold crown that is cemented should not be chewed on for 24 hours as the cement will continue to harden over that time.
- **Occasionally a new crown can make your tooth slightly sensitive to chewing and to cold.** In almost all cases any sensitivity will go away completely – Usually within a couple weeks.
- **Allow a few weeks for your tongue to get used to the new crown.** At first it may feel different due to more “nooks and crannies” on the biting surface. This surface anatomy makes your tooth look like it did when it first appeared in your mouth.
- **Brush normally.** No special precautions need to be taken for brushing your teeth.
- **Floss normally except delay flossing around the new crown for 24-48 hours.** Because the cementation procedure causes minor gum irritation and bleeding, delay flossing around the new crown for 1-2 days. After this delay, it is important to resume your normal daily flossing regimen to ensure your gums heal completely around the new crown.
- **Use any mouth rinse as you would normally.**
- **Expect to have minor discomfort in your teeth and gums following today’s visit.** Over the counter pain medication such as Tylenol or Advil is recommended. Any discomfort should subside within several days.
- **Remember that anything that can break or damage a natural tooth can do the same to your new crown** (e.g. ice, metal objects, corn nuts, injury, etc.).
- **Sometimes a bite adjustment is needed on a new crown.** Please call our office promptly if your crown needs an adjustment.

If you have any problems or questions, please call or email us anytime. Our office number is 562-865-0517 and our email is azlingdds@gmail.com.