



AFTER SEDATION INSTRUCTIONS

- 1). PATIENT CANNOT DRIVE FOR 24 HOURS AFTER SEDATION
- 2). DO NOT OPERATE ANY HAZARDOUS DEVICES FOR 24 HOURS.
- 3). A RESPONSIBLE PERSON SHOULD BE WITH THE PATIENT UNTIL HE/SHE HAS FULLY RECOVERED FROM THE EFFECTS OF THE SEDATION.
- 4). PATIENT SHOULD NOT GO UP AND DOWN STAIRS UNATTENDED. LET THE PATIENT STAY ON THE GROUND FLOOR UNTIL RECOVERED.
- 5). PATIENT CAN EAT WHENEVER AND WHATEVER HE/SHE WANTS.
- 6). PATIENT NEEDS TO DRINK PLENTY OF FLUIDS AS SOON AS POSSIBLE.
- 7). PATIENT MAY SLEEP FOR A LONG TIME OR MAY BE ALERT WHEN HE/SHE LEAVES. ATTEND TO BOTH ALERT OR SLEEPY PATIENT IN THE SAME MANNER, DON'T TRUST HIM/HER ALONE.
- 8). ALWAYS HOLD PATIENT'S ARM WHEN WALKING.
- 9). CALL US IF YOU HAVE ANY QUESTIONS OR DIFFICULTIES. IF YOU FEEL THAT YOUR SYMPTOMS WARRANT A PHYSICIAN AND YOU ARE UNABLE TO REACH US, GO TO THE CLOSEST EMERGENCY ROOM IMMEDIATELY.

FOLLOWING MOST SURGICAL PROCEDURES THERE MAY OR MAY NOT BE PAIN, DEPENDING ON YOUR THRESHOLD FOR PAIN. YOU WILL BE PROVIDED WITH MEDICATION FOR DISCOMFORT THAT IS APPROPRIATE FOR YOU. IN MOST CASES, A NON-NARCOTIC PAIN REGIMEN WILL BE GIVEN CONSISTING OF *ACETAMINOPHEN*(TYLENOL) AND *IBUPROFEN*(ADVIL). THESE TWO MEDICATIONS **TAKEN TOGETHER**, WILL BE AS EFFECTIVE AS A NARCOTIC WITHOUT ANY OF THE SIDE EFFECTS ASSOCIATED WITH NARCOTICS. IF A NARCOTIC HAS BEEN PRESCRIBED, FOLLOW THE DIRECTIONS CAREFULLY. IF YOU HAVE ANY QUESTIONS ABOUT THESE MEDICATIONS INTERACTING WITH OTHER MEDICATIONS YOU ARE PRESENTLY TAKING, PLEASE CALL OUR OFFICE FIRST, YOUR PHYSICIAN AND/OR YOUR PHARMACIST.

DR.'S HOME (415)722-4367
OFFICE (562) 865-0517

MEDICATIONS: Take only when checked

- AMOXICILLIN-Fill prescription and take as directed
- ERYTHROMYCIN-Fill prescription and take as directed
- TYLENOL(ACETAMINOPHEN)-Take two every 4 hours
- ADVIL(IBUPROFEN)-Take two every 4 hours
- LORATAB-For PAIN ONLY Take one every 6 hours
- VITAMIN C-one(1000mg) at every meal 3x a day
- Co Q 10 - 50mg 2 x a day